

Breitenbush Hot Springs presents...

Traditional Thailand Massage Intensive

oct. 24 – nov. 2, 2010

Come enjoy a wonderful opportunity to learn an ancient healing art. Traditional Thai Massage integrates ayurvedic, yogic and Chinese medicinal ways of treating the body. Learn to perform a full two-hour treatment on friends, family and/or clients. A full session includes stretching, compression, rhythm, meridian (sen) work and joint mobilization. The intensive includes daily practices of mindful movement and meditation.

This workshop is open to anyone, not just LMTs. Thai Massage is performed on cotton mats on the floor; participants wear loose comfortable clothing and should have the ability to move around on their hands and knees. We cover supine, prone, seated and side-lying positions. The environment is meditative and playful; learning is all hands-on! A certificate of hours will be given for the 50-hour course (CEU and T.H.A.I. approved).

registration: Breitenbush **503.854.3320**
information: D'vorah, **541.488.4006** or
ThaiTherapeutics@gmail.com or
ThaiTherapeutics.com
begins: **Sunday dinner**
ends: **Tuesday lunch** (9 days)
cost: **\$795 (\$745 if registered by October 1),**
plus lodging (10% discount on lodging
for stays 7 days or longer)
deposit: **cost of lodging**



D'VORAH SWARZMAN, R.T.T. (Registered Thai Therapist) L.M.T. #7367 has practiced Traditional Thai Massage since 1993, returning regularly to Thailand to deepen in her understanding. She integrates her healing work with rhythm, improvisation and mindfulness practices. She is a founding member and approved instructor of the Thai Healing Alliance International (www.thaihealingalliance.com). D'vorah has a private practice in Ashland, Oregon where she also teaches at the Ashland Institute of Massage.

